

NORTH DICKINSON COUNTY SCHOOL
BREAKFAST & LUNCH MENU-MARCH 2008

- 3/03 Meatballs, Mashed Potatoes, Gravy, Corn, Applesauce
- 3/04 Hot Ham in a Bun, Tuna Macaroni Salad, Tomato Soup, Peaches
- 3/05 Spaghetti with Meat Sauce, Green Beans, Peaches
- 3/06 Chicken Nuggets, Potatoes, Fruit Mix-(Parent/Teacher Conf. 12:45 Dismissal)
- 3/07 Cheese Pizza, Salad, Fruit

- 3/10 Chicken Patty in a Bun, Buttered Noodles, Salad, Applesauce
- 3/11 Beef Tacos, Corn, Salad, Peaches
- 3/12 Hamburgers, French Fries, Pears
- 3/13 READ IN "Paper Bag Lunch" Corn Dogs, Nachos/Cheese, Carrots, Apple
- 3/14 Cheese Pizza, Salad, Fruit Ice Cream Cups

3/17-3/24 **EASTER BREAK-HAVE A HOPPY VACATION!!**

- 3/25 Chicken Nuggets, French Fries, Apples
- 3/26 Pepperoni Pizza Subs, Salad, Oranges
- 3/27 Pork Chop Patty, Mashed Potatoes, Gravy, Green Beans, Applesauce
- 3/28 Beef and Bean Chili, Crackers, Fruit

BREAKFAST MENU:

- Monday _____ Cereal, Fruit Filled Danish, Apple Juice, Fruit
- Tuesday _____ Biscuits & sausage Gravy, Eggs, Apple Juice, Fruit
- Wednesday _____ Pancakes, Sausage, Apple Juice, Fruit
- Thursday _____ Biscuits & Sausage Gravy, Eggs, Apple Juice, Fruit
- Friday _____ Eggs, Sausage, Apple Cinnamon Muffin, Apple Juice, Fruit

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This menu is subject to change. Meals include condiments, milk and bread. Grades 6-12 have a second choice of pizza or salad bar. Students must order their choice with the first hour teacher. "In accordance with Federal Law and United States Department of Agriculture policy, this institution is prohibited from discrimination on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to: USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington D.C. 230250-9410 or call 800-795-3272 or 02-720-6382 (TTY), USDA is an equal opportunity provider and employer."

SPRING-Time for the earth to renew itself. Soon there will be flowers, singing birds, and green grass to mow. Chin up people! It is coming! Remember to eat lots of fruits and vegetables and drink water instead of sodas. You will feel much better and have more energy. Exercise daily and Smile often.....